

MY TRAIL TO EAGLE

BOY SCOUT

I became a Boy Scout on _____

TENDERFOOT

Requirements

- 1. Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.
- 2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
- 3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.
- 4a. Demonstrate how to whip and fuse the ends of a rope.
- 4b. Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
- 5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
- 6. Demonstrate how to display, raise, lower, and fold the American flag.
- 7. Repeat from memory and explain in your own words the Scout Oath, Law, motto, and slogan.
- 8. Know your patrol name, give the patrol yell, and describe your patrol flag.
- 9. Explain why we use the buddy system in Scouting.
- 10a. Record your best in the following tests:
Push-ups _____ Standing long jump _____ ft. _____ in.
Run/Walk 1/4 mile _____ Sit-ups _____ Pull-ups _____
- 10b. Show improvement in the activities listed in rqmt. 10a after 30 days.
- 11. Identify local poisonous plants; tell how to treat for exposure to them.
- 12a. Demonstrate the Heimlich maneuver and tell when it is used.
- 12b. Show first aid for the following: simple cuts and scratches, blisters on the hand and foot, minor burns or scalds (first-degree), bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite and sunburn.
- 13. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 14. Participate in a Scoutmaster Conference.

I became a Tenderfoot Scout on _____

SECOND CLASS

Requirements

- 1a. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
- 1b. Using a compass and a map together, take a five-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian.
- 2a. Since joining, have participated in five separate troop/patrol activities, two of which included camping overnight.
- 2b. On one of these campouts, select your patrol site and sleep in a tent that you pitched.
- 2c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.
- 2d. Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.
- 2e. Discuss when it is appropriate to use a cooking fire and lightweight stove.
- 2f. Demonstrate how to safely light a fire and lightweight stove. Discuss the safety procedures for using both.
- 2g. On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid.
- 3. Participate in a flag ceremony for your school, religious institution, community, or troop activity.
- 4. Participate in an approved (minimum of one hour) service project.
- 5. Identify or show evidence of at least 10 kinds of wild animals found in your community.
- 6a. Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
- 6b. Prepare a personal first-aid kit to take with you on a hike.
- 6c. Demonstrate first aid for the following: object in the eye; bite of a suspected rabid animal; puncture wounds from a splinter, nail, and fishhook; serious burns (second-degree); heat exhaustion; shock; heatstroke, dehydration, hypothermia, and hyperventilation.
- 7a. Tell what precautions must be taken for a safe swim.
- 7b. Demonstrate your ability to jump feet-first into water over your head in depth, level off, and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 7c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects.
- 8. Participate in a program on the dangers of using drugs, alcohol, and tobacco and other practices that could be harmful to your health.
- 9. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 10. Participate in a Scoutmaster conference.

I became a Second Class Scout on _____

Name _____ Troop No. _____

Chartered organization _____

FIRST CLASS

Requirements

- 1. Demonstrate how to find directions during the day and at night without using a compass.
- 2. Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.).
- 3. Since joining, have participated in 10 separate troop/patrol activities, three of which included camping overnight.
- 4a. Help plan a patrol menu for one campout—including one breakfast, lunch, and dinner—that requires cooking.
- 4b. Using the menu above, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.
- 4c. Tell which pans, utensils, and other gear will be needed to cook and serve these meals.
- 4d. Explain the procedures to follow in the safe handling and storage of perishable food products.
- 4e. On one campout, serve as your patrol's cook. Supervise your assistants in using a stove or cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.
- 5. Visit and discuss with a selected individual approved by your leader your Constitutional rights and obligations as a U.S. citizen.
- 6. Identify or show evidence of at least 10 kinds of native plants found in your community.
- 7a. Discuss when you should and should not use lashings.
- 7b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
- 7c. Use lashing to make a useful camp gadget.
- 8a. Demonstrate tying the bowline knot and describe several ways it can be used.
- 8b. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.
- 8c. Show how to transport a person: from a smoke-filled room, with a sprained ankle, for at least 25 yards.
- 9a. Tell what precautions must be taken for a safe trip afloat.
- 9b. Successfully complete the BSA swimmer test.
- 9c. With a helper and a practice victim, show a line rescue both as tender and as rescuer.
- 10. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 11. Participate in a Scoutmaster conference.

I became a First Class Scout on _____

STAR

Requirements

- 1. Be active in your troop and patrol for at least four months as a First Class Scout.
- 2. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 3. Earn six merit badges, including any four from the required list for Eagle.
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge
_____ merit badge
- 4. While a First Class Scout, take part in service projects totaling at least six hours of work.
- 5. While a First Class Scout, serve actively for four months in one or more of the approved positions of responsibility.
- 6. Take part in a Scoutmaster conference.

I became a Star Scout on _____

LIFE

Requirements

- 1. Be active in your troop and patrol for at least six months as a Star Scout.
- 2. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 3. Earn five more merit badges (so you have 11 in all), including any three more from the required list for Eagle.
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge
_____ merit badge
- 4. While a Star Scout, take part in service projects totaling at least six hours of work.
- 5. While a Star Scout, serve actively for six months in one or more of the approved positions of responsibility.
- 6. Take part in a Scoutmaster conference.

I became a Life Scout on _____

EAGLE

Requirements

- 1. Be active in your troop and patrol for at least six months as a Life Scout.
- 2. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 3. Earn a total of 21 merit badges (10 more than you already have), including the following: (a) First Aid, (b) Citizenship in the Community, (c) Citizenship in the Nation, (d) Citizenship in the World, (e) Communications, (f) Personal Fitness, (g) Emergency Preparedness OR Lifesaving, (h) Environmental Science, (i) Personal Management, (j) Swimming OR Hiking OR Cycling, (k) Camping, and (l) Family Life.†
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge*
_____ merit badge
_____ merit badge
_____ merit badge
_____ merit badge
- 4. While a Life Scout, serve actively for six months in one or more of the approved positions of responsibility.
- 5. While a Life Scout, plan, develop, and give leadership to others in a service project helpful to any religious institution, any school, or your community. The project idea must be approved by the organization benefiting from the effort, your Scoutmaster and troop committee, and the council or district before you start.
- 6. Take part in a Scoutmaster conference.

I became an Eagle Scout on _____

* A scout may choose any of the 15 required merit badges in the 12 categories (from Eagle requirement 3) to fulfill this requirement.
† You must choose only one merit badge listed in items g and j. If you have earned more than one of the badges listed in items g and j, choose one and list the remaining badges to make your total of 21.